

Great Start Collaborative of Jackson County
Family Support
December 8, 2016
1:00-2:00pm
Health Department Room 205



Present: Jen Ganzel, Resha Willis, Alice Walker, Kristin Klug, Angela Mitchell, Amanda Crosby, Chrissy Blackwell, Kelly Sheppard, and Kelly Friedland

Welcome & Introductions

- Completed introductions and inclusion activity.

Review November Minutes

- Group reviewed November minutes.

Parent Café Demonstrations

- Jen Ganzel facilitated a Parent Café demonstration.
- The purpose of a Parent Café is to create a community for people to focus on what make families strong and build on their strengths.
- Strengthening Families model is being promoted by the Office of Great Start.
- Began by going over working agreements:
 - Speak from experiences. Use “I” statements.
 - Listen Attentively. Do not interrupt.
 - No put-downs of yourself or others.
 - No Advice.
 - Confidentially
 - Turn off cell and step away from the table to take a call.
- Jen selected questions from her box of questions for the group to discuss.
 - Question: How do you accommodate your children’s developing taste buds without being a short order cook?
 - Question: When is asking for help a sign of strength and when is it a sign of weakness?

Playgroup Updates

- Playgroups at two new locations in Parma and Brooklyn will begin in January.
- Resha has her own liability insurance now that is required by the two new locations.
- Parma will likely be held on Thursday.
- All playgroups to begin at 10:00 A.M. except the afternoon playgroup at Baker College will continue to meet at 1:00 P.M..
- Eastern Branch changed to 1st and 3rd Mondays.
- Will send a new master list.
- Kristin would like to do a mailing to all Early Head Start and Head Start waitlisted families about playgroups.

Member Sharing

Alice Walker: Shared flyer for Cooking Matters at the Store Tours. Grocery store tour participants will learn to save money on healthy food options and use nutrition information to make healthier choices. Must RSVP to Sarah Allison 517-205-6734 or sarah.allison@alliancehealth.org by December 12.

Next Meeting: January 12, 2017 from 1:00-2:00pm at the Jackson County Health Department room 205